

## Research

### Masters Degree Thesis

Submitted to the University Of Kerala in lieu of a paper Shilli Joseph, Analysis of Sport Competitive Anxiety and Self Confidence among Female Athletes at Varying Points of the Time Prior to Competition . April, 1995. Naresh Singh Mankotia, Re establishing Reliability and Validity of Sport Achievement Motivation Test . April, 1995. Bindu.A.S, Assesment of Selected Health Related Fitness Variables of College Females. April 1995. Anu.T.P, A Comparative Study of Minimum Muscular Fitness of Boys in the age group of 11 to 13 years in State and Central Schools. April 1995. Cicily Pearly Alex, Comparative effect of Plyometric Exercise and Running ABC on Jumping ability and Running speed. April 1996. Mini.B.S, Analysis of the effect of Activity Programme on Physical Fitness of College Freshmen Over Time. April 1996. Aneja Raj, A Study on the Physical Fitness of the Children of Coastal and Non-Coastal area, April 1996. 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Team Cohesiveness among Selected College Teams During Practice and Prior to Competition, 2000 Jayakumar.M, Effect of 10-Week Brisk Walking on selected Psychological and Physiological Variables of Sedentary men, 2000 Joji Vargheese, Effect of Fitness Programme on Selected Physical and Psychological Variables of School Teachers, 2000 Jyothish.S, A Study of Cardio-Respiratory Efficiency of Junior Boys at Different Times of the Day, 2000 Kunjikkannan.R, A Comparative Study of Physical Fitness Components of Male Karateka' Teakwondo and Judo Players. 2000 Lathika Kumari.R, Physiological Profile of Two Groups of Women Practicing Pranayama and Aerobics Sport, 2000 Mahes.R, Postural Analysis of Football Players of Professional Clubs in Kerala, 2000 Prasanth.G.Nair, A Study of Coach's Self Perception of Ideal Leadership Behavior, 2000 Rajith. K.S, A Study of Reaction time and Intelligence of Track & Field Athletes and Selected Team Games Players, 2000 Sindhu. V.S, A Study of Relationship of Selected Lung Functions to Performance in Swimming, 2000 Vinod Richard, An Analysis of General Attitude of Collegiate Youths in Thiruvananthapuram, 2000 Vinu Bhaskar, Effect of 10-week Tubics on Strength an Aerobic Capacity and Selected Anthropometric Measurements of Senior Boys, 2000 Xaviour.G, Effect of Static Stretching and Proprioceptive Neuromuscular Facilitation Stretching on Hamstring Flexibility, 2000 Abhilash.S.S, Effect of Resistance Training on Selected Variables of Older Men, 2001. Anish Kumar.M.M, Effect of 8-Week Aerobic Exercise Programme on Selected Physiological Variables of Older Men, 2001. Anshuman Bal, Effect of Imagery Training on Performance Enhancement in Middle Distance Running, 2001. Asha.J.S, Effect of Incremental Stress on Anticipation, 2001. Binoy.K, Comparative Analysis of Physical Fitness of Regular Participants in Sports in the Sainik School and the Sports School, 2001. Deepa.J. Antony Effect of Concentration Training on Attentional Style as a Function of Planning Ability in Soccer, 2001. Dheeja Dharmajan Effect of Dance and Rhythmics on Perpetual-Motor Abilities of Down Syndrome Individuals, 2001. Harish.P Contribution of Arm-Swing in Performance of Standing Broad Jump. Mahendra Kumar Mehra Analysis of Angular Placement of Non-Kicking Foot in Relation to kicking Direction During Penalty Shoot Out in Soccer, 2001. Margrette Leena.VA Comparative Study of the Body Image and Self Esteem of Woman in Selected Vocations, 2001. Rajkumari.S Comparison of High and Low Fitness School Students on their Attitude towards Physical Education, 2001. Shahul Hameed.A Effect of Glucose Supplementation on Blood Glucose During Endurance Performance, 2001. Stylemon Pillai Analysis of Health Related Physical Fitness of School Children of Three Communities, 2001. Tesmy Ann Vattoly Analysis of Anthropometric and Physiological Profiles of Players from Selected State Schools' Teams, 2001. Ajai Kumar.G.I

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