Research

Â’Â’ Masters Degree Thesis
Team Cohesiveness among Selected College Teams During Practice and Prior to Competition, 2000
Jayakumar M, Effect of 10-Week Brisk Walking on selected Psychological and Physiological Variables of Sedentary men, 2000
Jojji Vargheese, Effect of Fitness Programme on Selected Physical and Psychological Variables of School Teachers, 2000
Jyothish S, A Study of Cardio-Respiratory Efficiency of Junior Boys at Different Times of the Day, 2000
Kunjikkannan R, A Comparative Study of Physical Fitness Components of Male Karatka Teakwondo and Judo Players, 2000
Lathika Kumari R, Physiological Profile of Two Groups of Women Practicing Pranayama and Aerobics Sport, 2000
Mahes R, Postural Analysis of Football Players of Professional Clubs in Kerala, 2000
Prasanth G Nair, A Study of Coach's Self Perception of Ideal Leadership Behavior, 2000
Rajith K S, A Study of Reaction time and Intelligence of Track & Field Athletes and Selected Team Games Players, 2000
Sindhu R, Physiological Profile of Two Groups of Women Practicing Pranayama and Aerobics Sport, 2000
Vijayakumar M, Effect of 10-week Tubics on Strength an Aerobic Capacity and Selected Anthropometric Measurements of Senior Boys, 2000
Xaviour G, Effect of Static Stretching and Proprioceptive Neuromuscular Facilitation Stretching on Hamstring Flexibility, 2000
Abhilash S S, Effect of Resistance Training on Selected Variables of Older Men, 2001
Anish Kumar M M, Effect of 8-Week Aerobic Exercise Programme on Selected Physiological Variables of Older Men, 2001
Anshuman Bal, Effect of Imagery Training on Performance Enhancement in Middle Distance Running, 2001
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Dheeya Dharmajan, Effect of Dance and Rhythmics on Perpetual-Motor Abilities of Down Syndrome Individuals, 2001
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Rajkumari S, Comparison of High and Low Fitness School Students on their Attitude towards Physical Education, 2001
Stylemon Pillai, Analysis of Health Related Physical Fitness of School Children of Three Communities, 2001
Tesmy Ann Vattoly, Analysis of Anthropometric and Physiological Profiles of Players from Selected State Schools’ Teams, 2001
Ajit Kumar G I

Comparative Study on Selected Anthropometric Measurements and Physical Fitness of North and South Indian Students of Central Schools, 2001.