Sports Authority of India

Lakshmibai National College of Physical Education, Thiruvananthapuram Workshop on Anti- Doping Awareness, 19th August 2015

Organized under the aegis of National Anit Doping Agency (NADA)

The Lakshmibai National College of Physical Education, Thiruvananthapuram joins hands with the National Anti Doping Agency to spread awareness against doping. The National Anti Doping Agency [NADA] is the independent Anti-Doping Organization for India. NADA has the responsibility for doping control in India. In addition it conducts information and education programmes.

The anti-doping awareness programme will be inaugurated by Dr Venu V. IAS, Director General, National Anti-Doping Agency at 9 A.M. on 19th August 2015 at LNCPE, Karyavattom. Dr P. Pugazhendi IFS, Director, Sports and Youth Affairs will preside over the function. Dr G. Kishore, Principal, LNCPE and Chairman of the Organizing Committee will deliver the key note address.

The workshop would be conducted by Dr S. Perumal, Sr Project Officer, NADA. and Dr PSM Chandran, Senior Consultant in Sports Medicine. It will be attended by top athletes, national campers, trainee coaches, sports administrators and postgraduate students in physical education.

The following are the topics of discussion for the workshop

- 1. Overview of NADA activities and initiatives
- 2. WADA Code- 2015- An overview
- 3. Prohibited Substances and Methods
- 4. Therapeutic Use Exemption
- 5. Health Consequences of Doping
- 6. Athlete's rights and responsibilities
- 7. Risks associated with food supplements